



Proclamation

RECOGNIZING SEPTEMBER 2024 AS NATIONAL SUICIDE PREVENTION MONTH IN TULARE COUNTY

WHEREAS, September is National Suicide Prevention Month, a time in which individuals, organizations and communities around the country join their voices to amplify the message that suicide can be prevented; and

WHEREAS, the week of September 8th to 14th, 2024 is designated as National Suicide Prevention Week, with September 10th observed as World Suicide Prevention Day; and

WHEREAS, we recognize people of all ages benefit from essential elements of wellness, such as access to effective health and behavioral health care, social support and a sense of meaning and purpose; and

WHEREAS, life's challenges and transitions, whether expected or unexpected, can be stressful and overwhelming; and understanding the signs of suicide, knowing how to communicate with those in need and accessing local resources are vital steps in prevention; and

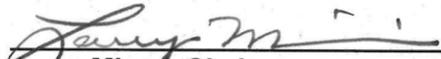
WHEREAS, knowing the signs of suicide, finding the words to talk with someone that may be thinking of suicide and reaching out to local resources are actions everyone can take to care for themselves and others; and

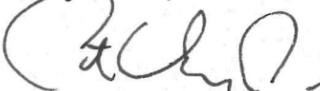
WHEREAS, National Suicide Prevention Month offers an opportunity to educate our community about the warning signs of suicide, how to assist those in crisis and how to connect them with available resources.

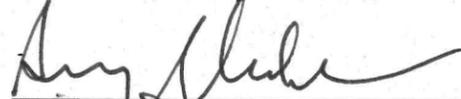
NOW, THEREFORE, BE IT RESOLVED that the Tulare County Board of Supervisors does hereby recognize September 2024 as National Suicide Prevention Month, the week of September 8th through 14th, 2024 as Suicide Prevention Week, and September 10th, 2024 as World Suicide Prevention Day in Tulare County and urges all residents to take action for suicide prevention and promote mental health and wellness as we strive toward zero suicides.

August 27, 2024

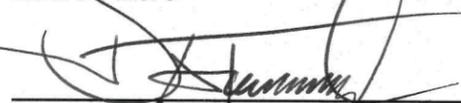



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